# ANGELS NIKE RBI League

in Partnership with Anaheim Family YMCA

## **Information Sheet & League Rules**

The Angels Nike RBI League is funded by the Los Angeles Angels of Anaheim. Angels Baseball has partnered with the Anaheim Family YMCA to provide the co-ed baseball league for participants ages 7-8 years old.

Registration: Opens Online: August 12th Opens In-Person @ YMCA Community Complex: August 12th Registration closes: September 12<sup>th</sup>

### Age Groups: 7-8 Years old

### Season Dates:

- Opening Day: September 21st (Welcome, Skills Clinic & Team Formation)
- Week 2-7: 30-minute practice, 60-minute game
- Week 8: November 9<sup>th</sup> Closing Ceremony

Fees: \$25 includes an 8 weekly program, with up to at least 6 practices and games, medal/trophy, and team uniform (shirt, pants, socks, hat and glove)

• After completion of program, the \$25 fee will converted to a \$25 voucher for any YMCA program.

### Practices/Games:

- <u>Location:</u> Zion Lutheran Church & Schools
- Practices/Games: Saturdays 9am-10:30am, Saturday 10:30am-12pm or 12pm-1:30pm

### **Team Formation**

- Teams will be formed at the end of Week 1.
- Each team will consist of up to 14 kids and a coach.
- We form teams based on various skill levels. We do the best to make the teams evenly matched as possible.

### Code of Conduct

#### Players

- Bring your own water bottle.
- Only participants that are scheduled to play the time will be permitted on the field during their scheduled time. The next group will not enter until the previous group has exited the field.
- Maintain a high level of sportsmanship and fair play.
- Respect the coach, the opponent and the referee and assistant referees.
- Be on time and prepared to play the game or participate in practice.
- Play within the laws of the game.
- Display self-control and do not use foul or abusive language. (Absolutely zero-tolerance for any form of physical abuse)
- Avoid confrontation with any official, opponent, or spectator.
- Always do the best to uphold the YMCA pillars of character: caring, honesty, respect, and responsibility.

### Parents/Spectators

- Be supportive; i.e. be sure the player attends practices; pick him/her up on time.
- Be positive or quiet at games.
- Set the example for children by exemplifying the highest standard of sportsmanship.
- Respect the coaches, and all players on each team.
- Respect the authority of the umpire and the assistant umpires.
- Expect your own children to be respectful.
- Avoid confrontation with any official or scorekeeper
- Do not enter the field of play without permission of the Y staff
- Never criticize the coach.
- Do not coach from the sideline.
- Do not use foul or abusive language towards anyone for any reason.
- Be calm and have good manners.
- Will only approach your child's coach when you have issues with another coach, umpire, or player.

## Sideline Behavior

- The use or consumption of all alcohol, tobacco products, and illegal substances is strictly prohibited on any playing field or location, specifically prohibited or not, at all YMCA sponsored or authorized events, including but not limited to YMCA games, practices, any team events, and games which involve YMCA teams in other playing circuits.
- Each YMCA coach, team parent, umpire, player and spectator (from here on referred to as "participant") must strictly adhere to YMCA Code of Conduct at all times.
- Each participant, especially the coaches and umpires, must strive to maintain the safety of the players, while at the same time encourage clean competition within the match.

## **ANGELS NIKE RBI** COACH PITCH LEAGUE RULES

The ANGELS NIKE RBI league is where kids will learn the fundamental skills of hitting, base recognition, throwing and how to field ground balls and pop flies.

## Teams:

- Teams will be formed with the following considered:
  - Grade/Age at the start of the season (Opening Day)
    - Friend/Coach requests
- Players will remain on the same team throughout the entire season.
- Teams shall have no more than 14 players, unless specifically changed by the Program Director.
- Only players on rosters are permitted to participate in practices and games.
- Teams will be coached by Y staff and volunteers

## Practices/Game:

- Week 1: Welcome and 90 minute session introducing basic skills like baserunning, fielding, throwing/catching, and batting in a clinic format to evaluate skill level.
- Week 2-7: 35-minute practice and then play a 3-inning game

## Scoring:

• No score is to be kept during the season.

## EQUIPMENT

Angels Baseball will supply helmets, bats, and baseballs. All batters must wear a helmet. Individuals will be allowed to use their own equipment if it meets approved standards.

Bat equipment bats must feature the USABat certification mark to be authorized for play in youth leagues within the participating. USABat Standard bats must be used For more information on the USABat standard and a complete list of bats approved through the USABat Standard, visit usabat.com. To view bats that have been decertified for use by USA Baseball, visit usabat.com/decertified-bats.

## **UNIFORMS:**

- Each player shall wear a team uniform provided by Angels Baseball.
- Each player shall wear a protective athletic supporter (cup) for safety. With a particular emphasis on the requirement for catchers.

## **PLAYING RULES:**

- 1. Innings 3 innings or 60 minutes, whichever is first.
- 2. Coach Pitch- Coach's pitch in an over motion) 30 feet from home plate (umpires' discretion). The batter is considered out and runners do not advance if a ball is not hit into fair play. The batter receives 3 swings of 4 pitches.
  - a. The hitter has 4 pitches to put the ball in play and there are no called strikes. The 4th pitch is the last pitch no matter what.
- 3. There will be no strikeouts. Each player will have an opportunity to bat.
- 4. Up to 10 players can play in the field every inning.
  - a. Defense Positions: pitcher, catcher, first base, second base, third base, shortstop, and four (4) outfielders.
  - b. A coach can cover home plate but cannot be involved in a play. All outfielders must be positioned in the outfield grass until the ball is hit.
  - c. Rotating players to new positions or from the bench between innings is required so everyone gets equal playing experience. The pitcher must remain in the pitcher's circle located around the pitching rubber until the ball is hit.

- d. Players cannot play the same position for more than 2 consecutive innings, at least 1 inning infield/1 inning outfield.
- e. SUBSTITUIONS: No player can sit 2 innings. Everyone must play.
- 5. The child playing catcher will be required to wear catchers gear at all times. The catcher is required to stand at the backstop until the ball is hit. After the ball has been hit, the catcher may move to cover home plate and assume duties of the catcher. This is to minimize injuries and protect players from possible flying bats.
- 6. Baselines shall be set at 60 feet unless already determined by the playing facility.
- 7. Each team is allowed one coach/volunteer in the infield and one in the outfield when their team is on defense.
- 8. The ball is considered in play after it is hit into fair territory and continues to be in play until (a) a defensive player throws the ball to a teammate and makes an out, (b) the ball enters dead ball territory (c) a defensive player holds the ball above his/her head to show control after attempting to make an out.
- 9. Excessive bat throwing is an automatic out after proper warning and instructions.
- 10. No score is to be kept during the season.
- 11. Outs will be called at base, at which point the player returns to the dugout. No matter how many outs, every player on the team will continue to hit for the remainder of the inning.
- 12. Force outs and tag outs will be called accordingly and progressively.

## **BATTING ORDER**

All players present at the game will be placed in order in which they will hit. The order will remain constant throughout the game.

- 1. The entire team is to rotate at bat until each player has batted each inning. Each player may bat only once per inning. Batting order should remain the same for the duration of the game. Last batter hits a grand slam to clear the bases.
- 2. Each batter will be allowed 3 swings on 4 pitches during an at bat. Foul balls will be considered a swing and will count towards the total number of swings for that at bat. If a player hits a foul ball on the 3<sup>rd</sup> swing, he/she will be given one (1) additional swing with a tee, which will then conclude the at bat
- 3. Only after the the 4<sup>th</sup> pitch if the tee is needed. The coach/volunteer of the team at bat will be responsible for adjusting the tee for each individual batter and placing the ball on the Tee to commence play.
- 4. The coach/volunteer will ensure that the batter is properly positioned in the batter's box before placing the ball on the Tee.
- 5. The coach will be responsible for removing the tee from home plate once the ball has been hit (if there are runners in scoring position) and will return it to the home plate area for the next batter after the ball has been declared dead.

## BASERUNNING

Base runners may not leave the base until the ball has been hit. Players may only advance one base at a time. The last batter in the lineup will advance to all four bases to end the inning.

1. Base stealing is not permitted. A base runner cannot take lead offs.

- 2. Intentional blocking of ANY base, including home plate is NOT ALLOWED under any circumstances and is cause for removal from the game. If a player accidentally blocks or impedes a runner, the runner is given the extra base.
- 3. A base runner may advance one base only on every hit in the infield. If the ball is hit into the outfield then two bases may be run.
- 4. Sliding is allowed, although not recommended except when dictated by the regular flow of the game.
- 5. All players running the bases and at bat must wear a helmet at all times.